

week
1

Spring Summer 2024



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---|--|---|--|--|
| Main meal | Red Tractor chicken meatballs in a rich tomato sauce served with pasta and garlic bread | Chicken fillet served with new potatoes, carrot batons and gravy (gf) | Mexican style lamb mince enchiladas served with oven baked jacket wedges and sweetcorn. | Italian style beef lasagne served with freshly chopped garden salad. | Fish fingers served with homemade creamy mashed potatoes and baked beans. |
| Main meal | Curried Quorn & potato traybake served with cucumber sticks (v) | Crispy crumbed vegetable burger served with new potatoes and coleslaw (v) | Vegan sausage roll served with oven baked jacket wedges and sweetcorn (pb) | Cheese and tomato calzone served with freshly chopped garden salad (v) | Quorn vegan sausages served with homemade creamy mashed potatoes and baked beans (pb) |
| Cold choice | Freshly made wholemeal sandwiches served with mixed salad and ½ piece of fruit | Freshly made wraps served with mixed salad and ½ piece of fruit | Freshly made wholemeal sandwiches served with mixed salad and ½ piece of fruit | Freshly made wrap served with a mixed salad and ½ piece of fruit | Freshly made wholemeal sandwiches served with mixed salad and ½ piece of fruit |
| Pudding | Arctic Roll Cheese & crackers Fresh fruits Yoghurts | Homemade Lemon drizzle cake Cheese & crackers Fresh fruits Yoghurts | Gingerbread person (pb) Cheese & crackers Fresh fruits Yoghurts | Chocolate and Orange muffin Cheese & crackers Fresh fruits Yoghurts | Yoghurt whip & mini shortbread biscuit Cheese & crackers Fresh fruits Yoghurt |

A jacket potato served with a choice of 3 fillings per day (from tuna mayonnaise, baked beans and cheddar cheese)

week
2

Spring Summer 2024



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---|---|---|---|--|
| Main meal | Lamb mince and potato pie served with mixed vegetables. | Homemade chicken curry served with pilau rice and freshly baked naan bread. | Chicken fillet in a rich tomato sauce served with oven baked diced potatoes, garden peas and sweetcorn (gf) | Beef burger in a bun served with oven baked jacket wedges, salad and ketchup | Salmon fish fingers served with oven baked chunky chipped potatoes and baked beans |
| Main meal | Vegan meatballs in a rich homemade tomato sauce served with pasta and freshly baked garlic bread (pb) | Quorn vegan nuggets served with oven baked jacket wedges and baked beans (pb) | Macaroni cheese served with freshly baked garlic bread (v) | Homemade cheese quiche served with oven baked jacket wedges and salad (v) | Cheese and tomato pizza served with oven baked chunky chipped potatoes and baked beans (v) |
| Cold choice | Freshly made wholemeal sandwiches served with a mixed salad and ½ piece of fruit | Freshly made wraps served with mixed salad and ½ piece of fruit | Freshly made wholemeal sandwiches served with a mixed salad and ½ piece of fruit | Freshly made wraps served with mixed salad and ½ piece of fruit | Freshly made wholemeal sandwiches served with a mixed salad and ½ piece of fruit |
| Pudding | Ice cream tub Cheese & crackers Fresh fruits Yoghurts | Abbey Biscuit Cheese & crackers Fresh fruit Yoghurts | Carrot cake muffin topped with buttercream. Cheese & crackers Fresh fruits Yoghurts | Chocolate shortbread biscuit Cheese & crackers Fresh fruits Yoghurts | Fruit jelly topped with whipped cream (v) Cheese & crackers Fresh fruits Yoghurts |

A jacket potato served with a choice of 3 fillings per day (from tuna mayonnaise, baked beans and cheddar cheese)

week
3

Spring Summer 2024



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|--|--|---|---|---|
| Main meal | Chicken fajita parcel served with spicy rice and homemade tomato salsa | Red Tractor pork sausages served with crispy hash browns and baked beans | Italian style beef Bolognese served with pasta and freshly baked garlic bread | Red Tractor chicken fillet served with roast potatoes, carrots and gravy (gf) | Harry Ramsden's battered MSC fish fillet served with oven baked chunky chipped potatoes, garden peas and tomato ketchup |
| Main meal | Pasta Neapolitan served with garlic bread and a fresh garden salad (v) | Vegetable nuggets served with crispy hash browns and baked beans (pb) | Sweet chilli Quorn wrap served with oven baked jacket wedges and garden salad (v) | Quorn Biryani served with diced cucumber (v) | Quorn southern style burger served with chunky chipped potatoes, garden peas and tomato ketchup (v) |
| Cold choice | Freshly made wholemeal sandwiches served with a mixed salad and ½ piece of fruit | Freshly made wraps served with mixed salad and ½ piece of fruit | Freshly made wholemeal sandwiches served with a mixed salad and ½ piece of fruit | Freshly made wraps served with mixed salad and ½ piece of fruit | Freshly made wholemeal sandwiches served with a mixed salad and ½ piece of fruit |
| Pudding | Freshly whipped strawberry mousse Cheese & crackers Fresh fruits Yoghurts | Iced Chocolate Sponge Cheese & crackers Fresh fruits Yoghurts | Homemade shortbread biscuit Cheese & crackers Fresh fruits Yoghurts | Homemade vanilla muffin Cheese & crackers Fresh fruits Yoghurts | Homemade Apple Flapjack Cheese & crackers Fresh fruits Yoghurts |

A jacket potato served with a choice of 3 fillings per day (from tuna mayonnaise, baked beans and cheddar cheese)